

Sacred Sounds and Chakras

Sounds

Bija

Chakras

OM EEE

OM



All Above

EEE

OM



Crown

AYE

SHAM



Third Eye

AYE OM



Zeal Point

EYE

HAM



Throat

AHH OM



Thymus

AH

YAM



Heart

OH

RAM



Solar Plexus

OOO

VAM



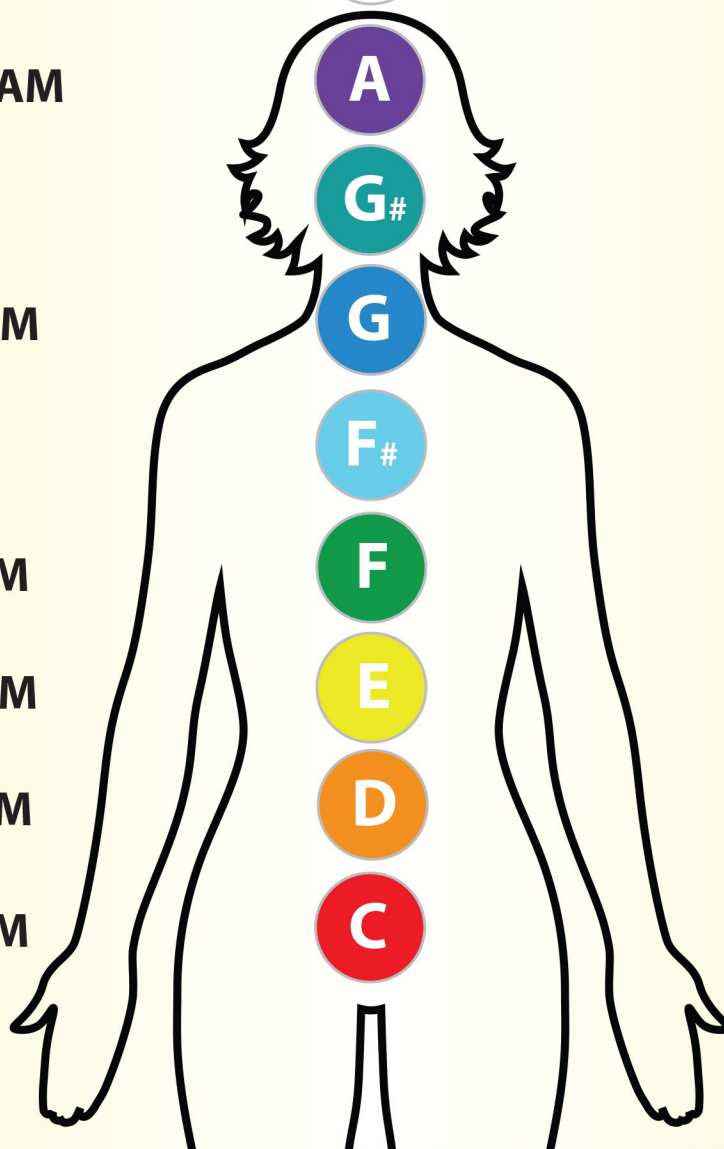
Sacral

UH

LAM



Root



Gateways to Brilliance

Awakening Your Higher Consciousness
Expanding Your Inner Light